

CLINICAL PEARL OF THE MONTH

PRESENTED BY



LEXINGTON COMPOUNDING PHARMACY

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THIS MONTH'S FOCUS IS ON "SHINGLES"

Introducing a NEW EFFECTIVE treatment for SHINGLES

In addition to the typical prescriptions you write to treat shingles, we encourage you to try our "Shingles Cream" or "Shingles Cream Plus" compounds. Our referred patients simply love these products because they work to decrease the pain and itch of Shingles.

If the pain is so bad that your patient cannot gently apply a thin layer of these creams to the affected area, you may consider writing for a second compound of Ketamine 10% spray. This solution

can be sprayed on the affected area. Within 10 to 15, minutes your patient should be able to apply their cream without feeling significant pain.

We are all aware that even opioids are non-effective at decreasing the pain from Shingles. Having this "clinical pearl" as a treatment option will result in decreased pain and itching for many of your patients. Pain gels do have a "hit and miss" component to them, so try this product on about 5 or 10 patients before drawing your own conclusions.



HOW TO WRITE FOR SHINGLES CREAMS...

Your staff may phone these Rx's in to the pharmacy or you may give your patient an Rx written on your narcotic (green) pad. There is no need to write out the numerous drugs in these compounds. You may use the term "Shingles Cream" or "Shingles Cream Plus". Sig: Apply a thin layer to painful areas eve-

ry 2 or 3 hours until pain relief then use prn. QS: 30, 45, or 60gms with up to 5 refills. "Shingles Cream" contains Ketamine 10% Lidocaine 10% Ketoprofen 5%, Acyclovir 5%, Amitriptyline 2%. "Shingles Cream Plus" contains Ketamine 10%, Lidocaine 10%, Gabapentin 6%, Acyclovir 5%, Amitriptyline 2%. We

are happy to mail pain gels anywhere in the state. We are able to bill most major insurances for this compound, and for those patients that do not have prescription insurance or compounds are not covered under their insurance plan, we have competitive cash prices starting at \$29.

WHAT TO EXPECT FROM A RX OF SHINGLES CREAM...

- *Most patients experience a significant amount of pain relief within 1 or 2 applications.*
- *Anecdotally, about 80% of patients will receive a positive outcome of decreased itching and pain with these compounds.*
- *Most patients comment that our Shingles creams are the only thing that decreases the pain to any noticeable amount.*
- *We have dispensed thousands of pain gels over the years. These products appear to be basically side effect-free, non-addictive, and have no street value. Topical Ketamine metabolizes down a different pathway versus IV Ketamine. The side effects of IV Ketamine do not occur with transdermal Ketamine.*
- *Active pharmaceuticals in our pain gels would have a difficult time building up in the blood stream which is why these products are basically side effect-free. The risk to benefit ratio is very low.*
- *Your patient will thank you for writing this Rx for them.*

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NEW, EFFECTIVE TREATMENT FOR SHINGLES INSIDE...

CAN A COMPOUNDING PHARMACIST HELP?

Compounding Pharmacists can be a valuable asset to your practice. We are not the typical pharmacists, who simply check and dispense prescriptions, but are specialized pharmacists specifically trained in the art and science of extemporaneous compounding. Are you having dosage form problems? Our services include compounding products that are no longer available. By thinking “outside of the box” and using our compounding skills to solve problems, you have **more prescribing options** and

improved patient outcomes. This is what the “bottom line” is all about. Our pharmacy is focused on developing high quality, accurately compounded customized medications that are effective treatments that produce positive outcomes for doctors and patients. Our hope is to develop a working relationship with you. More prescribing options and creative problem-solving results in effective treatments for your patients.

Only a phone call away, our services are available

when you need us. To keep you abreast of new treatment options, we may visit your practice on occasions. Realizing everyone’s time is at a premium, we encourage you to spend one minute and read the “Clinical Pearl of the Month”. These ideas are practical, useful, and effective treatments to add to your arsenal of prescriptions. Saving these one-page newsletters in a three-ring binder for future reference may be helpful. We hope you enjoy these monthly “clinical pearls”.



Ointment Mill used to homogenize and “mill down” active drugs into our pain relieving “SHINGLES” cream